

28 June 2024

GORDONBROCK WEEKLY

Dear Parents/ Carers,

We have had a very exciting week full of trips and school events making this last leg of the year fun and engaging for the children. Year 6 had a very special treat traveling to the West End to enjoy the Disney award-winning musical, The Lion King.

This week, we also had an assembly from Year 3. They delivered a powerful performance to encourage us to make a positive change and save our rainforests.

It is London Maths Week so we have been very busy learning maths and creating fun and inclusive ways to teach and learn; we hope that at home you are doing the same. [London Maths Week](#) has very fun tips and guides for you to support your child.

We finished off this very warm week with Sports Day. The children had an amazing day by showing great determination in individual events and team spirit while encouraging their friends and class. Well done children! Thank you to all the Parents/ Carers that came along to watch and support, it was great to see so many of you supporting the children.

Just a reminder, as the weather is starting to get warmer, please ensure that your child has had sunscreen applied before they come into school along with a sun hat and a full water bottle.

Have a lovely weekend.

Mrs Wright

Year 3 Assembly

Year 3 performed their assembly to parents this week! Our story about a group of toucans trying to save the Amazon Rainforest from being destroyed was a lot of fun to rehearse, but it also carried a very important message; we must look after the planet! The children have been working really hard on learning all the songs and lines over the past few weeks and gave a wonderful performance on Thursday morning. We are all very proud of them. Well done Year 3 children!



Year 4 Design Technology

This week, we tasted a number of different tropical fruits and we evaluated the fruit taste based on the criteria for producing a delicious tasting fruit punch as part of our Design Technology learning this half term.

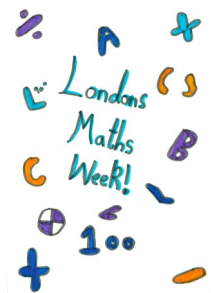
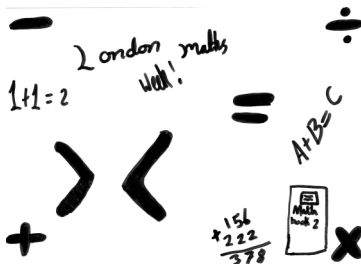
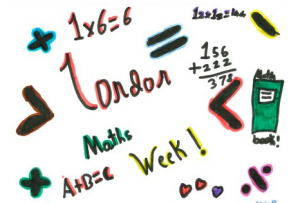
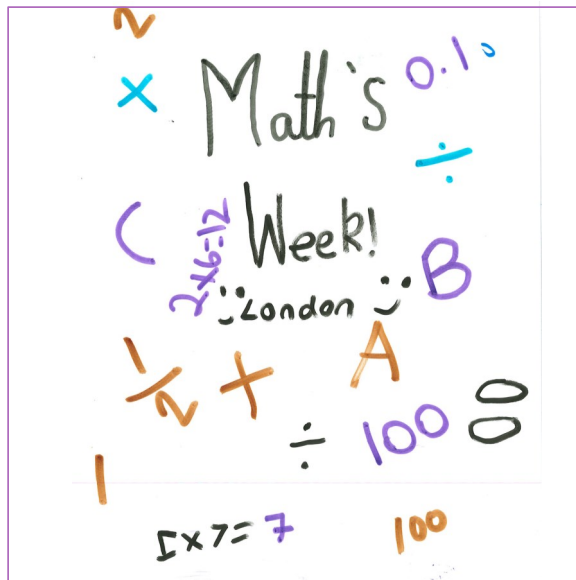
Once we tasted the fruits we were given the opportunity to decide and choose which combination of fruits we think would make the best fruit punch.

We are going to continue trying different combinations of fruit next week until we get our fruit punch just right! We are looking forward to sharing our finished product with Parents/Carers on Open Morning.



London Maths Week

This week, Mr. Stephen led on Key Stage assemblies to put a spotlight on London Maths Week. The aim for London Maths week 2024 is to help further the mission of igniting a love of maths in children across London by highlighting the important role that families can play in this. Please see next week's weekly for further details on what has happened this week in school and many of these fun and exciting activities can be done at home with parents and carers. Watch this space!

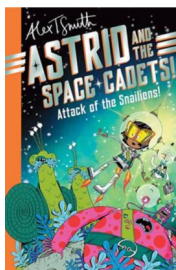


Mrs Wright's Recommended Reads



Astrid and the Space Cadets: Attack of the Snailiens!

Written Alex T Smith



Age 6-9

By day, Astrid Atomic is a regular six-year-old girl who lives with her two dads, but each night, she transforms into a Space Cadet, an intergalactic helper who zooms across the universe to solve problems and help out wherever she's needed. This fast-paced, funny cosmic adventure is the first in an exciting new chapter-book series, perfect for newly-confident, independent readers. The magnificent black-and-white illustrations steal the show and are packed full of quirky, imaginative detail and oodles of personality.

UN Convention on the Right of the Child

Article of the Week

We are very proud to be a Unicef Rights Respecting School, having achieved the **Unicef UK Silver - Rights Aware Award**.

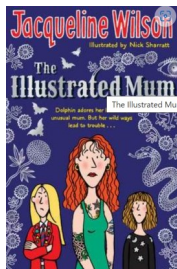
To help children carry on the discussion at home, we will be focusing different articles of the convention in each newsletter so that our families can explore the rights and meanings together.

We aim for all our children to be life long learners! Part of what makes us special is that we have our own distinctive characteristics—one is aspiration. We endeavor to create as many different opportunities for our children to explore, learn, develop and experience new things. This week has been full of exciting events, from London Maths Week, to a trip to the West End to see the Lion King Musical, Amazon Rainforest assembly to finish the week with sports day.



The Illustrated Mum

Written by Jacqueline Wilson



Age 10-14

Marigold, the 'illustrated mum' of the title, has elaborate tattoos covering her body from head to toe.

Narrated by Dolphin, the youngest of her two daughters, this is a moving, yet unsentimental account of two children coming to terms with their mother's depression, mental instability and alcohol problem. Written with warmth, humour and understanding.

Every child has the right to an education. Primary education should be free. Secondary and higher education should be available to every child. Children should be encouraged to go to school to the highest level possible. Discipline in schools should respect children's rights and never use violence.

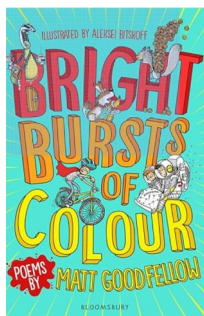
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ACCESS TO EDUCATION

Bright Bursts of Colour

Written by Matt Goodfellow



Age 6-10

What if cats had flavoured fur, or you swallowed the sun? What if you were a special kind of badger, or you found a map to the stars? And what if your home was split during the week: one half at Mum's, the other half at Dad's?

Packed with brilliant poems that explore a whole range of themes from the downright silly to the sensitive, this collection will delight, enthuse and resonate with children and adults alike.

We endeavour to be a NUT-FREE SCHOOL

Please help us to achieve this aim by not sending any nuts or nut containing products into school. This extends to sesame seeds, too. Thank you for your support in this matter.



Reminder of the week

Weather is getting HOT! Make sure you have applied sun cream to your children and they bring a water bottle and a sun hat.



Friends of Gordonbrock

FRIDAY 12TH JULY

SUMMER FAIR

3.30 PM – 5.30 PM

**BBQ • BOUNCY CASTLE • CAKE
GAMES • CRAFTS • FACE PAINTING
TOMBOLAS • CHOIR • MUSIC**

IF YOU'RE ABLE TO HELP IN ADVANCE OR ON THE DAY, PLEASE EMAIL:
FRIENDSOFGORDONBROCK@GMAIL.COM

SUMMER FAIR DONATIONS PLEASE

WE NEED:

- GOOD CONDITION CUDDLY TOYS
- CLEAN, LABEL-FREE JARS FILLED WITH SWEETS FOR THE SWEET TREAT TOMBOLA
- SCHOOL-AGE GAMES AND BOOKS IN GOOD CONDITION
- SCHOOL UNIFORM
- BAKED GOODS FOR THE CAKE STALL AND PLAIN BISCUITS FOR DECORATING
- PLANT BABIES FOR THE PLANT STALL (HOUSE OR GARDEN)

• IF YOU'D LIKE TO BE INVOLVED, PLEASE EMAIL FRIENDSOFGORDONBROCK@GMAIL.COM OR JOIN THE WHATSAPP GROUP

DONATIONS CAN BE DROPPED AT THE OFFICE 8–11TH JULY, BAKED GOODS ON THE DAY ONLY

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South East London's premier agent

FAQS

SUMMER FAIR • FRIDAY 12TH JULY

- FAIR IS STRAIGHT AFTER SCHOOL ON FRIDAY 12TH JULY
- FOG WILL SELL TOKENS IN THE PLAYGROUNDS IN THE WEEK OR SO BEFORE, TO BE SPENT AT THE FAIR, THOUGH WE ALSO TAKE CASH AND CARDS
- FAMILY MEMBERS ARE ALL WELCOME (BUT NOTE IT'S LARGELY GEARED TOWARDS CHILDREN)
- NO DOGS PLEASE
- THE FAIR WILL GO AHEAD WHATEVER THE WEATHER!
- WE NEED PEOPLE TO RUN STALLS, AND TO HELP SET UP AND TIDY UP ON THE DAY
- IF YOU'D LIKE TO BE INVOLVED, PLEASE EMAIL FRIENDSOFGORDONBROCK@GMAIL.COM OR JOIN THE WHATSAPP GROUP

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At The National College, our **WakeUpWednesday** guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.org.

What Parents & Educators Need to Know about GAMBLING

Gambling can be defined as betting or risking money or something of value on the outcome of a situation involving chance. Under current regulations, gambling is legal for adults in the UK. Its potential impacts on the wellbeing of individuals, families and communities are well documented – emphasising the importance of safeguarding children and young people against these hazards.

WHAT ARE THE RISKS?

MANIPULATIVE ADVERTISING
FREE BET!
 Adverts for online bookmakers and betting services can raise concerns about targeting vulnerable groups, fostering addiction, promoting misleading expectations, impacting mental health, affecting social norms, posing regulatory challenges, influencing minors and other ethical issues. Effective regulation, responsible advertising practices and public education are essential to mitigate these concerns and address the potential harms associated with excessive exposure to manipulative advertisements.

ADDICTIVE FEATURES
 All gambling products carry safety concerns, but some can be even riskier and more addictive. The frequency with which people can place bets can encourage them to do so often... with rapid spins and multiple betting options, for example, leading on sports events, especially with live-in-play betting options, can be highly engaging and habit-forming. The 24/7 availability of online platforms can also increase the risk of excessive gambling, particularly among young people.

PEER PRESSURE
 Exposure to gambling through friends, influencers or social circles can normalise risky behaviour and create unrealistic expectations about the chance of winning. Addressing peer influence requires support services, responsible advertising or social and effective education on the subject to minimise the impact on children and promote healthier choices.

IMPACT ON MENTAL HEALTH
 Gambling can exacerbate mental health issues such as anxiety, depression, and stress – especially if it leads to financial loss. Individuals with existing mental health conditions may use gambling as a coping mechanism – but the cycle of gambling can worsen their symptoms, creating a detrimental impact on overall wellbeing. Integrated support services and treatment options can help to address these interconnected challenges effectively.

GATEWAY BEHAVIOURS
 Certain features of other products – such as video games that offer in-game purchases – can lead to gambling among young people. These mechanisms are sometimes designed to exploit psychological vulnerabilities, encouraging repeated spending to acquire virtual items or advantages. Such practices can normalise the associated risks and desensitise young people to putting their or their family's money in danger.

FINANCIAL DIFFICULTIES
 The most common impacts of online betting come in the form of financial issues and debt. This, in turn, can lead to distorted perceptions of money, deterioration of relationships, social isolation, and/or academic and career outcomes. Regular gambling can even exacerbate other risky behaviour by making it seem less significant – potentially leading to a cascade of health, personal and financial risks.

Advice for Parents & Educators

ENCOURAGE OPEN DISCUSSIONS
 Sporting events can be a good opening for conversations about gambling, as some sponsorships may reference and even glamorise it. Talk to children about how these promotional messages may influence their behaviour and encourage them to voice any concerns they may have. Adverts, influencers and online platforms may also feature gambling products. As a child grows, it's important to encourage their critical thinking skills to help them avoid being manipulated by this type of marketing.

KNOW THE WARNING SIGNS
 Parents and educators should be vigilant for signs of gambling harm among young people. Look for changes in their behaviour such as increased secrecy, unexplained money issues, mood swings or withdrawal from their usual activities. Open conversations about gambling risks and maintain a supportive, non-judgemental environment. Try to familiarise yourself with resources and helpline assistance and guidance.

MONITOR SPENDING
 In-game purchases can be appealing to children, allowing them to unlock new features or cosmetic items in a fraction of the time it would take to win them by playing. Talk to children about how they spend money online, an interest in what video games they play can encourage the conversation. Consider setting up restrictions on their devices, requiring their parent or carer's permission before making any purchases. Talk about finances regularly and openly.

GET FURTHER SUPPORT
 Support and treatment for young people is available via the Young People's Support Service at GamCare, who can be contacted at 0800 8020133. A link to their website has also been included in the sources of this guide, along with links to several other support networks. Your GP and local NHS gambling clinic are also available if you require additional advice. Don't hesitate to reach out for help if you're concerned about a child's gambling behaviour or their financial situation.

Meet Our Expert
 Yagam's mission is to prevent children and young people from experiencing gambling and gambling harms through awareness raising, education, and research. The charity was established in 2014 as a result of the lived experience of their founders.

WakeUpWednesday
 The National College

Source: See full references in the opening pages of www.nationalcollege.org and www.gambling.org

@wake_up_weds | www.thenationalcollege | @wake.up.wednesday | @wake.up.weds

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 26.06.2024

Online gambling has become more prevalent over the years, with such practices widely advertised on social media and even incorporated into various apps and games. It's growing easier for children and young people to come across opportunities to gamble online, putting parents at greater risk of financial loss or mental and emotional strain.

That said, there are steps you can take to keep these youngsters as safe as possible from the impacts of gambling, and our free guide details these for you. At the same time, our expert points out the most significant risks posed to under-18s, to help you keep these damaging pitfalls to a minimum.

Support Services

[NHS National Centre for Behavioural Addictions and the National Problem Gambling Clinic](#)

[NHS Northern Gambling Service website](#)

[NHS Southern Gambling Service website](#)

[NHS West Midlands Gambling Harms Clinic website](#)

[NHS East Midlands Gambling Harms Clinic website](#)

[NHS East of England Gambling Service website](#)

[NHS South West Gambling Service website](#)

AFC LEWISHAM

MULTI SPORT SUMMER CAMP 24

POWERED BY SPORTIFY

1 OUR DATES

WEEK 1 : 29.07.24 - 01.08.24
 WEEK 2 : 05.08.24 - 08.08.24
 WEEK 3 : 12.08.24 - 25.08.24
 WEEK 4 : 19.08.24 - 22.08.24

2 TIME & LOCATION

9:00 AM - 1:00 PM

AFC LEWISHAM,
 ELTHAM ROAD, SE12
 8ES

3 All of our coaches are:
 Child Safeguarding Trained ✓
 DBS Checked ✓

4 Food?

We will provide a nutritious lunch for each attendee

5 BOOK NOW!

Book now on Holiday Activities to **GUARANTEE** your space

CONTACT US VIA EMAIL OR GIVE US A CALL

✉ INFO@AFGLEWISHAM.COM
 ☎ 07981 924439

For students eligible for free School Meals

SCAN HERE TO BOOK

HONOR OAK PANTHERS HOCKEY CLUB

PANTHERS HOCKEY CAMP

August 6th 7th & 8th 2024 11am - 4pm

[St Dunstan's College Jubilee Ground](#)
 Canadian Avenue, Catford, SE6 4SW

Cost: £50 per day, 3 day discount - £135
 Sibling Discount:
 1 day - £42.50, 2 days - £85, 3 days - £125

→ Years 3-10 (complete beginners welcome)
 → Skills and games, led by enthusiastic coaches who love the game
 → Shin pads, gum shields and packed lunch required


World Cup tournament at the end of each day with prizes

To book, email:
samisports@gmail.com
 or text 07888723544

Sam Djavit
 Head Coach
 LEVEL 3 ENGLAND HOCKEY COACH
 27 years' experience of coaching the stars of tomorrow and growing the game. I've coached many of the current GB squad.



IMPORTANT DATES

02/07/24	Year 5 Create Day - Royal Opera House
3/07/24	Y1: Horniman Trip
4/07/24	Nursery: Trip Mudchute Farm
5/07/24	Year 1: Mini Musical, 2.30
8/07/24	EYFS Mini Musical, 2.30
11/07/24	Parents' Evening
12/07/24	Summer Fair
15/07/2024	Year 1/2 Summer Sing 9.15 (Y1) and 2.45 (Y2)
19/07/24	Year 3/4 Summer Sing, 2.45
19/09/24	Take One Building Exhibition 9.10-9.20 or 3.30-4.15.
22/07/2024	Y6 End of Year Performance for Parents and Carers, 6pm
23/07/2024	Y6 Leavers' Assembly , 2.15
24/07/2024	Last day of Summer term 
25/07/2024	Inset Day



When it comes to times tables, speed AND accuracy are important – the more facts your child remembers, the easier it is for them to do harder calculations. Times Table Rock Stars is a fun and challenging programme designed to help students master the times tables!

The children should go to <https://play.ttrockstars.com/auth/school/student/3584> and login using their login details.

Little and Often: In order to get the best out of Times Tables Rock Stars children should regularly play for short bursts so we would ask you to allow your child to play for 5-10 minutes at a time.



True or False? :

Teach your child about evaluating information and being critically aware of information found online.

Most children use the internet to improve and develop their knowledge in relation to schoolwork and personal interests. Children should be aware that not all information found online is correct, accurate or relevant.

Show your child how to check information they find by comparing it to alternative sources on the same topic. Show them trusted sites they can use to compare information.



For more information visit: <https://www.internetmatters.org/resources/tackling-fake-news-misinformation-advice-for-parents/>

